

# HOST YOUR RETREAT, EVENT OR COURSE WITH US



# Teiku

## COMMUNITY



[teikucommunity.com](http://teikucommunity.com)



+57 3234224384 (Yuval)



[teiku.tayrona](https://www.instagram.com/teiku.tayrona)



[facebook.com/TeikuTayrona](https://www.facebook.com/TeikuTayrona)



[TEIKU, Trompito, Tayrona, Colombia](#)



# ABOUT US

**Teiku**, located at the foot of the Sierra Nevada mountains, coastal Colombia, forms part of the Myco-Community and is home to everybody who wants to connect with themselves, nature and the local tribes of the area.

We provide a space for people who wish to learn, grow, work, relax, feel or simply live together and share the beauty of this magical region.



## OUR SPACE

### Activity facilities

- 24m<sup>2</sup> wooden floor Maloka with a fire pit in the centre
- 65 m<sup>2</sup> event space right next to the river, large Maloka suitable for yoga and movement classes.
- Sauna (6-8 people)



### Accommodation

We can comfortably accommodate up to 22\* guests in several cabins, all of them built out of natural materials.

- 2 exclusive cabins with double beds and private bathrooms
- 3 dorm spaces with 4-6 beds each
- for facilitators we offer simple private spaces with access to the public restrooms and showers



\*If more space needed, other accommodation options can be arranged with our neighbours

### Bathrooms and showers

For the basic accommodation in dorms, the bathrooms are shared. We have outdoor showers and dry compost toilets.



### Community spaces

- dining area/ living room
- river beach
- additional open kitchen space
- Work area + Wi-Fi



**Teiku** is a place to live a happy and simple life, connected and in balance with nature.



## OUR MEALS

We prepare beautiful vegan/ vegetarian family style meals. We endeavour to provide healthy and balanced nutritional foods using local ingredients as far as possible. We are happy to meet any special dietary needs for our guests. If you wish, we can send you a menu proposal before the event so that the menu is well adapted to the specific needs.



Tea and coffee are included in the mornings. Fresh filtered mountain spring water is available at all times.

# PRICES AND PACKAGES

The cost per person per night is 75 USD including basic accommodation and the three vegetarian/ vegan meals. The two private spaces have a cost of 110 USD for one person and 95 USD each individual for a couple. One facilitator comes for free. If you plan on working in a team of up to three facilitators, any additional pays half of the price.

\*Special group rates available for 8 or more participants.

It's up to you how much you would like us to be involved. Whether you'd prefer we simply take care of the facilities and catering or be more involved in facilitating community-style activities, we're happy to tailor-make a package to suit your needs. Included in every event is a farm tour and a welcome fire on the first evening.

## ACTIVITIES WE OFFER

price per retreat participant

- Guided Yoga and meditation classes - 10 USD
- Cacao ceremony with sharing and live music - 20 USD
- Hikes to nearby waterfalls or swimming holes - 10 USD
- Introduction to permaculture class - 20 USD
- Sauna- 15 USD
- Cacao tour - from the seed to the end product, including delicious chocolate tasting - 30 USD
- Sharing with the local tribes, cultural exchange, shared activities and company over the retreat 25 USD

### Longer experiences with our local tribes

(prices depending on the detailed programme of activities and the amount of people)

- Two days/ one night visit of a Kogui village  
(hike, accommodation and food included)
- 3 days/ 2 nights visit of the Arhuaco village "Gwimake"  
(transport, accommodation and food included)

